

# SGOT - AST

## Optimised IFCC Method

### INTENDED USE:

This reagent kit is intended for "in vitro" quantitative determination of SGPT-(ALT) activity in serum/ plasma.

### CLINICAL SIGNIFICANCE:

The AST is a cellular enzyme, is found in highest concentration in heart muscle, the cells of the liver, the cells of the skeletal muscle and in smaller amounts in other weaves. Although an elevated level of AST in the serum is not specific of the hepatic disease, is used mainly to diagnostic and to verify the course of this disease with other enzymes like ALT and ALP. Also it is used to control the patients after myocardial infarction, in skeletal muscle disease and other. Clinical diagnosis should not be made on a single test result; it should integrate clinical and other laboratory data.

### PRINCIPLE:

Aspartate transaminase (GOT - AST) catalysis the reaction between Alpha -Ketoglutaric acid and L-aspartate giving glutamate and oxaloacetate. Oxaloacetate, in the presence of Malate Dehydrogenase (MDH) reacts with NADH giving Malate and NAD. The rate of NADH decrease is determined photometrically and is directly proportional to the GOT activity in the sample.

### REAGENT COMPOSITION:

Reagent 1: Enzyme Reagent  
Reagent 2: Substrate Reagent

### MATERIALS REQUIRED BUT NOT PROVIDED:

- Clean & Dry Glassware.
- Micropipettes & Tips.
- Colorimeter or Bio-Chemistry Analyzer.

### SAMPLES:

Serum free of hemolysis. Heparin or EDTA plasma.

### WORKING REAGENT PREPARATION & STABILITY:

Mix 4 Volume of Reagent 1, with 1 Volume of Reagent 2.  
Working Reagent is stable for 30 days at 2-8°C.

### GENERAL SYSTEM PARAMETERS:

Reaction type	Kinetic Reaction (Decreasing)
Wave length	340 nm
Light Path	1 Cm
Reaction Temperature	37°C
Blank / Zero Setting	With Distilled Water
Reagent Volume	1ml
Sample Volume	100 µl
Lag/Delay Time	60 Sec.
Read Time	180 Sec.
Interval Time	60 Sec.
Factor	1746
Low Normal at 37°C	0 U/l
High Normal at 37°C	35 U/l
Linearity	300 U/l
Reagent Absorbance Limit	>0.8
Max. ΔAbs/Min	0.171

### ASSAY PROCEDURE:

Working Reagent	1000 µl
Sample	100 µl

Mix and after 60 second incubation, measure the decrease in absorbance every minute during 3 minutes at 37°C.

Determine the  $\Delta A/\text{min}$ .

### CALCULATION:

At 340 nm with 1cm Light path  
SGOT Activity (U/l) =  $\Delta A/\text{min}$  x 1746

### LINEARITY:

Reagent is Linear up to 300 U/l  
Dilute the sample appropriately and re-assay if SGOT Activity exceeds 300 U/l or  $\Delta\text{Abs}/\text{min}$  Exceeds 0.171. Multiply result with dilution factor.

### REFERENCE NORMAL VALUE:

0 to 40 U/l  
Normal Values for infants are higher than adults.  
The reference values are only indicative in nature. Every laboratory should establish its own normal ranges.

### QUALITY CONTROL:

For accuracy it is necessary to run known controls with every assay..

### LIMITATION & PRECAUTIONS:

1. Storage conditions as mentioned on the kit to be adhered.
2. Do not freeze or expose the reagents to higher temperature as it may affect the performance of the kit.
3. Before the assay bring all the reagents to room temperature.
4. Avoid contamination of the reagent during assay process.
5. Use clean glassware free from dust or debris.
6. Reagent to sample ratio as mentioned here above must be strictly observed as any change in to it will effect the factor.
7. Higher ALT/GPT values may induce falsely low result due to depletion of the substrate (total consumption of NADH before reading of the result). If an analyzer is used verify the presence of depletion factors on application.

### BIBLIOGRAPHY:

Expert Panel on enzyme of the IFCC, Clin. Chem. Acta, 70, PM, (1976), Teitz., N.W.